

Ayur Centre

MALAYSIA'S Premier Ayurvedic Centre, since 2000



Digestion and Metabolism In Ayurveda

By Vaidya C D Siby
Chief Ayurvedic Physician

In Ayurveda, the term agni is used to describe the quintessence of digestion and metabolism. Agni, in Sanskrit literally translates as fire; it is the component within the body that is responsible for the subtle transformative processes associated with digestion, all the way through to the functions of cellular metabolism.

The concept of agni is not however limited to its role in digestion and metabolism; it also refers to the subtle transformational mechanisms within the mind as well as functions associated with our sense organs such as touch taste, smell, vision and hearing.

Throughout the day we are constantly absorbing, digesting and assimilating information through our sensory faculties. These neurological pathways also require the intelligence of agni to process information in a similar way to our digestive and metabolic pathways.

There are numerous varieties of agni located throughout the body that are classified by their specific function, however the agni located in the digestive system known as jatharagni is considered to be most important.

For registration and further details:

Date & Time
29th September 2018
2:00 pm to 4:00 pm

Venue
Ayur Centre
Number , 8 Jalan Utara
46200, Petaling Jaya

Organised By
Ayur Centre Sdn Bhd

For registration, please contact:

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